### APPLY FOR BENEFITS

<table>
<thead>
<tr>
<th>Benefit Type</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Retirement/spouse’s benefits</td>
<td><a href="http://www.socialsecurity.gov/applyforbenefits">www.socialsecurity.gov/applyforbenefits</a></td>
</tr>
<tr>
<td>Disability benefits</td>
<td><a href="http://www.socialsecurity.gov/applyfordisability">www.socialsecurity.gov/applyfordisability</a></td>
</tr>
<tr>
<td>Medicare only</td>
<td><a href="http://www.socialsecurity.gov/medicareonly">www.socialsecurity.gov/medicareonly</a></td>
</tr>
<tr>
<td>Extra Help with Medicare</td>
<td><a href="http://www.socialsecurity.gov/i1020">www.socialsecurity.gov/i1020</a></td>
</tr>
</tbody>
</table>

### ESTIMATE YOUR FUTURE BENEFITS

Create a [my Social Security](http://www.socialsecurity.gov/myaccount) account to get:
- **Social Security Statement**: Check your earnings record; and see estimates of your potential benefit amounts.
- Retirement benefit estimate: [www.socialsecurity.gov/estimator](http://www.socialsecurity.gov/estimator)
- Benefit planners to calculate benefits: [www.socialsecurity.gov/planners](http://www.socialsecurity.gov/planners)

### IF YOU GET BENEFITS

Create a [my Social Security](http://www.socialsecurity.gov/myaccount) account and:
- Get your benefit verification letter;
- Check your benefit and payment information and your earnings record;
- Change your address and phone number;
- Start or change direct deposit of your benefit payment;
- Request a replacement Medicare card; and
- Get a replacement SSA-1099/1042S. [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount)

### Find answers to frequently asked questions at

[www.socialsecurity.gov/faq](http://www.socialsecurity.gov/faq)